



**Department of Foods and Nutrition, College of Home Science
G.B. Pant University of Agriculture and Technology, Pantnagar-263145,
U. S. Nagar, Uttarakhand**

celebrates

POSHAN MELA

(14th September 2019)

Venue: College of Home Science, GBPUAT, Pantnagar

EVENTS ORGANIZED:

14th SEPTEMBER 2019

RECIPE COMPETITION

Theme: (a) Healthy Drink

- (b) Healthy Snack (salty) for School Children
- (c) Nutritious Laddoo
- (d) Nutritious Cake (without icing)

- 1. Uttarakhand Food Exhibits**
- 2. Quiz Competition**
- 3. Skit**

DIET COUNSELING

(11:00am–5:00 pm) on

- Anaemia
- Overweight
- Underweight
- Constipation

PRIZE DISTRIBUTION (4:00 pm onwards)