

Sealed Tender in two Bid System are invited from the interested party/ firm for supply & installation of following Gym Equipments at GBPUAT, Pantnagar through e-tendering.

The Bidders may see the detail at [www.uktenders.gov.in](http://www.uktenders.gov.in) (tender ID 2018\_GBPUA\_11289\_1 )

### Schedule of Requirement

S. No.	Item	Quantity	Delivery Schedule
1.	Lat pull down/ high pully machine	One	60 days
2.	Seated leg press machine -/Leg press machine (vertical)	One	60 days
3.	Leg extension machine	One	60 days
4.	Leg curl machine	One	60 days
5.	Leg extension/ Leg curl machine=Dual	One	60 days
6.	Biceps curl machine/ Triceps press machine=Dual	One	60 days
7.	seated Calf raise machine	One	60 days
8.	Cable Crossover machine	One	60 days
9.	Smith machine	One	60 days
10.	Total abdominal machine/ abdominal machine	One	60 days
11.	Abdominal board	Two	60 days
12.	Preacher Curl Bench	Two	60 days
13.	Leg Raise Stand/ Vertical knee raise	One	60 days
14.	Olympic flat bench	Three	60 days
15.	Olympic incline bench	Two	60 days
16.	Olympic decline bench	Two	60 days
17.	Olympic rod	Seven	60 days
18.	Olympic bar/rod stand for 50mm-10 bars	Two-three	60 days
19.	<a href="#">Dumbell Rack</a> 3 tier	Two-three	60 days
20.	Gym Floor Mat	22x15 m	60 days
21.	Wall Bar (Double)	Two-three	60 days
22.	<b>Rubber weight plate 50 mm bore=steering (3/7 Holes)</b>		
	Rubber weight plate 50 mm bore=steering (3/7 Holes) 1.5 Kg	4Pair ( total=12 Kg)	60 days
	Rubber weight plate 50 mm bore=steering (3/7 Holes) 2.5 kg	4 pair ( total=20 Kg)	60 days
	Rubber weight plate 50 mm bore=steering (3/7 Holes) 5 kg	4 pair ( total=40 Kg)	60 days
	Rubber weight plate 50 mm bore=steering (3/7 Holes) 7.5 kg	4 pair ( total=60 Kg)	60 days
	Rubber weight plate 50 mm bore=steering (3/7 Holes) 10 kg	4 pair ( total=80 Kg)	60 days
	Rubber weight plate 50 mm bore=steering (3/7 Holes) 15 kg	4 pair ( total=120 Kg)	60 days
	Rubber weight plate 50 mm bore=steering (3/7 Holes) 20 kg	2 pair ( total=80 Kg)	60 days
	Rubber weight plate 50 mm bore=steering (3/7 Holes) 25kg	2 pair ( total=100 Kg)	60 days
23.	<b>Fixed rubber dumbbell</b>		
	Fixed rubber dumbbell 1 kg	4 pair (Total =8 Kg)	60 days
	Fixed rubber dumbbell 2.5 kg	4pair (Total =20 Kg)	60 days
	Fixed rubber dumbbell 5 kg	4 pair (Total =40 Kg)	60 days
	Fixed rubber dumbbell 7.5 kg	3 pair (Total =45 Kg)	60 days
	Fixed rubber dumbbell 10 kg	3 pair (Total =60 Kg)	60 days
	Fixed rubber dumbbell 12.5kg	3 pairs (Total =75 Kg)	60 days
	Fixed rubber dumbbell 15 kg	3 pair (Total =90 Kg)	60 days
	Fixed rubber dumbbell 17.5 kg	2 pair (Total =70 Kg)	60 days
	Fixed rubber dumbbell 20 kg	2 pair (Total =80 Kg)	60 days
	Fixed rubber dumbbell 22.5 kg	1 pair (Total =45 Kg)	60 days
	Fixed rubber dumbbell 25kg	1 pair (Total =50 Kg)	60 days
	Fixed rubber dumbbell 30kg	1pair (Total =60 Kg)	60 days

24.	<b>Olympic weight plate 50mm</b>		
	Olympic weight plate 50mm 2.5 kg	10pair (Total=50 Kg)	60 days
	Olympic weight plate 50mm 5 kg	10 pair (Total=100 Kg)	60 days
	Olympic weight plate 50mm 10 kg	10 pair (Total= 200Kg)	60 days
	Olympic weight plate 50mm 15 kg	8 pair (Total=240 Kg)	60 days
	Olympic weight plate 50mm 20 kg	5 pair (Total=200 Kg)	60 days
	Olympic weight plate 50mm 25kg	2 pair (Total=100 Kg)	60 days
	Olympic weight plate 50mm 50 kg	1 pair (Total=100 Kg)	60 days

## Specifications

S. No.	Item	Specifications
1	<b><u>Lat pull down/ high pully machine</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 4" made up of heavy gauge/ 11 gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• Cables: PVC coated, self-lubricating, steel cables.</li> <li>• Pulleys: Fiber/plastic pulleys with grooved channels and double ball bearings.</li> <li>• Pads: Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Weight Plates: Made up of steel with nylon bushings.</li> <li>• Handles should be with high density foam grip.</li> <li>• Please quote one set of spare pulley(s) and wire(s)</li> <li>• Dimensions: 1.4m-1.8m L x .55m- 1.3m W x 2.0m-2.4m H</li> <li>• Product Weight: 180-270kg</li> </ul>
2	<b><u>Seated leg press machine -/Leg press machine (vertical)</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 4" made up of heavy gauge/ 11 gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• Cables: PVC coated, self-lubricating, steel cables.</li> <li>• Pulleys: Fiber/plastic pulleys with grooved channels and double ball bearings.</li> <li>• Pads: Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Handles should be with high density foam grip.</li> <li>• Please quote one set of spare pulley(s) and wire(s)</li> <li>• Dimensions: 1.7m-2.4m L x .75m- 1.5m W x 1.1m-1.5m H</li> <li>• Product Weight: 140-270kg</li> </ul>
3	<b><u>Leg extension machine</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 4" made up of heavy gauge/ 11 gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• Cables: PVC coated, self-lubricating, steel cables.</li> <li>• Pulleys: Fiber/plastic pulleys with grooved channels and double ball bearings.</li> <li>• Pads: Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Weight Plates: Made up of steel with nylon bushings.</li> <li>• Handles should be with high density foam grip.</li> <li>• Please quote one set of spare pulley(s) and wire(s)</li> <li>• Dimensions: 1.0-1.8m L x .90m- 1.4m W x 1.1m-1.85m H</li> <li>• Product Weight: 190-270kg</li> </ul>
4	<b><u>Leg curl machine</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 4" made up of heavy gauge/ 11 gauge hard steel .</li> <li>• Finish: Powder coated finish</li> <li>• Cables: PVC coated, self-lubricating, steel cables.</li> <li>• Pulleys: Fiber/plastic pulleys with grooved channels and double ball bearings.</li> </ul>

		<ul style="list-style-type: none"> <li>• Pads: Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Weight Plates: Made up of steel with nylon bushings.</li> <li>• Handles should be with high density foam grip.</li> <li>• Please quote one set of spare pulley(s) and wire(s)</li> <li>• Dimensions: 1.0-1.8m L x .90m- <b>1.4m W x 1.1m-1.85m H</b></li> <li>• Product Weight: 190-270kg</li> </ul>
5	<b><u>Leg extension/ Leg curl machine=Dual</u></b>	<ul style="list-style-type: none"> <li>• Same as above;</li> </ul>
6	<b><u>Biceps curl machine/ Triceps press machine-Dual</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 4" made up of heavy gauge/ 11 gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• Cables: PVC coated, self-lubricating, steel cables.</li> <li>• Pulleys: Fiber/plastic pulleys with grooved channels and double ball bearings.</li> <li>• Pads: Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Weight Plates: Made up of steel with nylon bushings.</li> <li>• Handles should be with high density foam grip.</li> <li>• Please quote one set of spare pulley(s) and wire(s)</li> <li>• Dimensions: 1.0m-1.7m L x 1.0m- 1.5m W x 1.0m-1.8m H, Product Weight: 150-270kg</li> </ul>
7	<b><u>Seated Calf raise machine</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 3"/2" x 4 made up of heavy gauge / 11 gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Dimensions: 1.0-1.55m L x .50m- 1.0m W x .75m-1.2m H</li> <li>• Product Weight: 30-80-kg</li> </ul>
8	<b><u>Cable Crossover machine</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 4" made up of heavy gauge/ 11 gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• 12 Horizontal Pulley Positions</li> <li>• 180 Degree Pivoting Pulleys</li> <li>• 2 x 160lbs Standard Weight Stack, 2 x 235 Weight Stacks Available</li> <li>• 9"- 10" of cable extension.</li> <li>• Please quote one set of spare pulley(s) and wire(s)</li> <li>• Dimensions: .75m-1.0m L x 3m- 4.5m W x 2.1m-2.4m H</li> </ul>
9	<b><u>Smith machine</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 4" made up of heavy gauge/ 11 gauge hard steel.</li> <li>• Finish: Powder coated finish.</li> <li>• Super-smooth vertical movement up and down the carriage.</li> <li>• Free weight gunrack system.</li> <li>• Five-Six Olympic weight plate storage posts to safely suspend plates off the floor for easy access.</li> <li>• Please quote one set of spare pulley(s) and wire(s)</li> <li>• Dimensions: 1.1m-1.7m L x 1.5m- 2.3m W x 1.9m-2.3m H</li> </ul>
10	<b><u>Total abdominal machine/ abdominal machine</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 4" made up of heavy gauge/ 11 gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• Cables: PVC coated, self-lubricating, steel cables.</li> <li>• Pulleys: Fiber/plastic pulleys with grooved channels and double ball bearings.</li> <li>• Pads: Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Weight Plates: Made up of steel with nylon bushings.</li> </ul>

		<ul style="list-style-type: none"> <li>• Handles should be with high density foam grip.</li> <li>• Please quote one set of spare pulley(s) and wire(s)</li> <li>• Dimensions: 1.0m-1.7m L x 85m- 1.5m W x 1.0m-1.8m H</li> </ul>
11	<b><u>Abdominal board</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 3" /2" x 4" made up of heavy gauge hard steel.</li> <li>• Finish: Powder coated finish.</li> <li>• 18 degree decline.</li> <li>• Dimensions: 0 .80m-1.1m L x 0.40m- 1.0m W x 0.60 m-1.2m H.</li> <li>• Product Weight: 15-40kg</li> </ul>
12	<b><u>Preacher Curl Bench</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 4" made up of heavy gauge / 11 gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Dimensions: 0.75m-1.2m L x .70m- 1.0m W x .70m-1.0m H</li> <li>• Product Weight: 30-70kg</li> </ul>
13	<b><u>Leg Raise Stand/ Vertical knee raise</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 3" /2" x 4" made up of heavy gauge hard steel.</li> <li>• Finish: Powder coated finish.</li> <li>• Dimensions: 0 .80m-1.1m L x 0.50m- 1.0m W x 1.2m-1.7m H.</li> <li>• Product Weight: 20-40 Kg.</li> </ul>
14	<b><u>Olympic flat bench</u></b>	<ul style="list-style-type: none"> <li>• <b>Mainframe: 2" x 3" / 2" x 4"</b> made up of heavy gauge/ 11 gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Dimensions: 1.5-2.1m L x 1.1m- 1.4m W x 1.0m-1.5m H</li> <li>• Product Weight: 45-75kg</li> </ul>
15	<b><u>Olympic incline bench</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 3" / 2" x 4" made up of heavy gauge/ 11 gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Dimensions: 1.5-2.1m L x 1.1m- 1.4m W x 1.0m-1.5m H</li> <li>• Product Weight: 45-75kg</li> </ul>
16	<b><u>Olympic decline bench</u></b>	<ul style="list-style-type: none"> <li>• <b>Mainframe: 2" x 3" / 2" x 4"</b> made up of heavy gauge/ 11 gauge hard steel.</li> <li>• Finish: Powder coated finish.</li> <li>• Heavy, soft and non-tearing water proof padded seats made up of high density foam (please quote the density of the foam).</li> <li>• Dimensions: 1.5-2.1m L x 1.1m- 1.8m W x 1.0m-1.5m H</li> <li>• Product Weight: 45-75kg</li> </ul>
17	<b><u>Olympic rod</u></b>	<ul style="list-style-type: none"> <li>• 7 ft Olympic Bar/rod 50mm bore- Chrome.</li> <li>• Designed to take you to super heavy workloads! Precision engineered of the highest quality</li> <li>• components. Triple-plated chrome finish protects against rusting, chipping, scarring and peeling.</li> </ul>
18	<b><u>Olympic bar/rod stand for 50mm- 10 bars</u></b>	<ul style="list-style-type: none"> <li>• Capacity of 10 bars.</li> <li>• Dimensions: 0 .85m-1.2m L x 0.70-1.0m- 1.6m W x 1.2m-1.7m H.</li> <li>• Product Weight: 70-120kg</li> </ul>
19	<b><u>Dumbbell Rack 3 tier</u></b>	<ul style="list-style-type: none"> <li>• Mainframe: 2" x 3" /2" x 4" made up of heavy gauge hard steel.</li> <li>• Finish: Powder coated finish</li> <li>• Dimensions: 0 .45m-0.80m L x 1.0m- 1.6m W x .70m-1.2m H</li> </ul>
20	<b><u>Gym Floor Mat</u></b>	<ul style="list-style-type: none"> <li>• Super-tough, durable PVC material/ heavy with a non-gloss finish &amp; Both sides have an inverted</li> <li>• textured.</li> </ul>

		<ul style="list-style-type: none"> <li>• Thickness- 5mm-13mm.</li> </ul>
21	<b><u>Wall Bar (Double)</u></b>	<ul style="list-style-type: none"> <li>• Wall bars with 16-18 removable bars made of hard wood, height 2.65-2.80 m.</li> </ul>
22	<b><u>Rubber weight plate 50 mm bore /steering (3/7 Holes)</u></b>	<ul style="list-style-type: none"> <li>• rubber coated weight plates/heavy-duty rubber to prevent scuffing or damage to equipment, walls or floors.</li> <li>• Impact-resistant</li> <li>• easy to grip plates (3/7 holes pattern design/ steering pattern design)</li> <li>• unbreakable weight plates</li> <li>• available in 50 mm bore.</li> <li>• colored rubber weight plates</li> <li>• multi colors available.</li> </ul>
	1.5 Kg	
	2.5 kg	
	5 kg	
	7.5 kg	
	10 kg	
	15 kg	
	20 kg	
	25kg	
23	<b><u>Fixed rubber dumbbell</u></b>	<ul style="list-style-type: none"> <li>• Chrome handles resist chipping, flaking, peeling and corrosion free</li> <li>• Knurled handle for a secure comfortable grip</li> <li>• Rubber encased coating from quality virgin rubber</li> <li>• Tear proof, sound less &amp; bouncy effect</li> </ul>
	1 kg-	
	2.5 kg	
	5 kg	
	7.5 kg	
	10 kg	
	12.5kg	
	15 kg	
	17.5 kg	
	20 kg	
	22.5 kg	
	25kg	
	30kg	
24	<b><u>Olympic weight plate 50mm</u></b>	<ul style="list-style-type: none"> <li>• Will not break when dropped, helps protect the floor. Each bumper plate is fitted with a metal sleeve for proper fit and easy sliding. Use with Olympic size bars only.</li> <li>• Solid, high quality, resilient rubber (no crumb rubber used)</li> <li>• White numbers markings</li> <li>• Molds are chrome plated to assure a pristine, consistent and repeatable finish</li> </ul>
	2.5 kg	
	5 kg	
	10 kg	
	15 kg	
	20 kg	
	25kg	
	50 kg	