



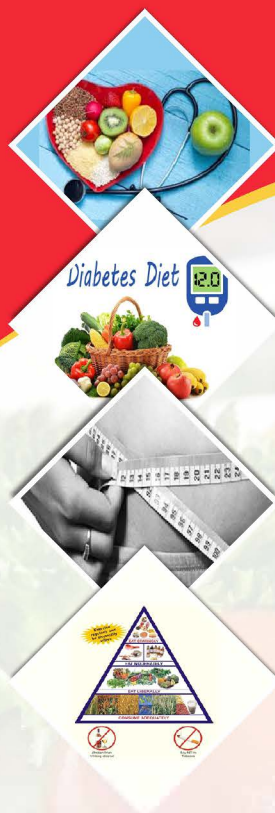
G. B. Pant University of Agriculture and Technology
Pantnagar 263145, Uttarakhand



3-Months Certificate Course on Practical Approaches for Diet Counseling

Main Contents of the Course:

- 1 Balanced diet and RDA of nutrients for Indians
- 2 Techniques of nutritional status assessment
- 3 Nutrition during different stages of life
- 4 Management of stress, diet and exercise
- 5 Nutritional management during different diseased conditions
- 6 Nutritional management for overweight and underweight



Get Skilled in:

- ✓ Diet counseling
- ✓ Managing self-care and healthy life style
- ✓ Diet-related entrepreneurial activities



Weekly exciting experience!!!



Weekly video lecture (40-60 minutes)



Weekend webinar for discussions



Weekly study materials (5 lectures, reading links and references)



Weekly assessment-based Quizzes

Note:

- Registration for the course is open and can be done by visiting: <https://gbpuatdigital.in/register>
- For confirming the seats, learners will have to pay fee of Rs. 5,000/-INR via UPI /Internet Banking/Credit/ Debit card on and before 24th December, 2020 from the course portal itself.
- The reading material of the course can be accessed by the registered Learners via their Dashboard.

Contact us: gbpuat.cdcourses@gmail.com

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Dr. Neetu Dobhal
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For more updates, visit us on:

Certificate Course Portal: <https://gbpuatdigital.in>
Website: www.gbpuat.ac.in, www.idppantnagar.in
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