

Department of Human Development and Family Studies

College of Home Science

Activities of the Department

1. Two M.O.U. have been done among Village Women Cluster, Gram Pradhan, Directorate of Extension Education, Department of Human Development and Family Studies, College of Home Science and Comptroller. One is at Netanagar village, Gadarpur Block, Udham Singh Nagar and another at Hartolla village, Ramgarh Block, Nainital. Training centers have been developed in both the villages where various types of trainings are provided to the villagers time to time.
2. Five days package of training on skill building for Child Care and education to Child Care workers are being provided time to time with the financial assistance from the Directorate of Extension Education. This training had both theory and field exposure and training. It is expected that such trained male and female trainees can work in anganwardis and Child Care day care centers in future.
3. In addition in the department, under Field Work-II course student are being trained for the five field models runs through Women Self Help Groups including early childhood care and education centre, Children Recreational Centre, Sri Sathya Sai Centre for otherwise abled children, Science Club & Eshwaramma Mother's Library. These five field models can be further replicated in the villages.

4. The department had started extension education programme since 1996-97 including training parents on childcare and health & nutrition education in Farm labour Colonies and later in nearby villages of Kiccha including Anandpur, Raghav Nagar, Narayanpur, Pratappur and Gangapur and in Gadarpur block including Kalinagar, Udaynagar, Chitranganpur, Jagdishpur, Srirampur and Rambagh.
5. The department continuously engaged in helping anganwadis for low cost play materials, village level children's programmes, organization and management of Self Help Groups and training from NABARD and also Collaboration with NGOs like Doeceans Society, Impart Kichha, Kumaun Sewa Samiti, Indirpur, Gayatri Swayam Sevi Santhan, Pantnagar, PEHAL Haldwani, SOS villages Bhimtal, Anugrah, New Delhi and World Vision Bhimtal have been done.
6. The department is running a nursery school for the children of 2 ½ years to 3 ½ years of age. This is a laboratory school where the students of BSc. Home Science programme organize the activities in the school.
7. Department is also running a Day Care Centre for the children from 6 months to 6 years of age. Here the child care along with the educational play way activities is provided to the children of working parents. This is a self financed centre.

PRESENTATIONS - ORAL AND POSTER

**Dr. Ritu Singh, Assistant Professor,
Department of Human Development and Family Studies, College of Home Science
International**

- July 2014 *Social and Emotional Maturity of Indian Adolescents: As a Function of Their Ordinal Position*
Poster presented at 23rd Biennial Meeting (ISSBD 2014) of International Society for the Study of Behavioral Development in East China Normal University, Shanghai, China
- July 2014 *Guidance and Counseling: A new dimension to education in India*
Paper presented at 22nd International Congress (IACCP 2014) of International Association for Cross Cultural Psychology in Reims, France
- Dec. 2013 *Best Practices in Nursery Schools: A case from Uttarakhand, India*
Paper presented at the international workshop on "An Integrative Approach to Early Childhood Development and Education", Golda Meir Mount Carmel International Training Center (MCTC), Israel.
- June 2013 *Attitude towards Life: A Family Environment Perspective*
Paper presented at the International Conference on Social Science Research 2013, Penang, Malaysia.
- Dec. 2012 *Attitude of Adolescents as a Correlate of their Type of Family*
Paper accepted for oral presentation at World Conference on Psychology and Sociology, Antalya, Turkey.
- National**
- Jan. 2014 *Nursery Schools or Day Care Centers: A Golden Avenue for Entrepreneurship as well as Internal Satisfaction among Women*
Paper presented at the international conference on "Women Empowerment and Globalization", C.P. & Berar E.S. College, Nagpur, India.
- April 2013 *Daycare Centers: A Highly Promising Enterprise for the Budding Home Science Entrepreneurs*
Paper presented at 4th National Conference on "Entrepreneurship Programmes for Women: Role of Home Science", Sri Agrasen Kanya P.G. College, Varanasi, India.
- Dec. 2012 *Self Concept in Context of Family Type of the Adolescents*
Paper presented at the 2nd International Science Congress (ISC-2012), Bon Maharaj Engineering College, Mathura, India.
- Jan. 2007 *Significance of Home Science Education for Youths of this Generation*
Paper presented at the national seminar on "Serving farmers & Saving Farming: Indian Imperative & Global Perspective", G.B.P.U.A.&T, Uttarakhand, India.

List Of Publications of AICRP (CD)

1. Agrawal N. & Thakur S. (2014). **Attitude of mothers towards gender socialization of children with in the family: A rural perspective**, *Pantnagar Journal of Research*, vol.12 (1), Jan.-April, 151-154.
2. Agrawal N., Thakur S.& Ahuja.A. (2014). **Assessment of Agriculture Awareness among Rural Youth**, *Progressive Research, An International Journal*, 9(1):247-249
3. Agrawal N. & Chaudhary G.: **Decision making Status of Rural Adolescent Girls**, paper published in Betterment of Education, First Edition, 2012.
4. Agrawal N. & Chaudhary G. : **"Empowerment of Adolescent Girls in Rural Areas of Uttarakhand"**, poster presentation in National Seminar on "Empowerment of Women: Emerging Challenges" conducted by "The Society of Home Scientists for Agricultural and Rural Institutions" at college of Home Science, Punjab Agricultural University, Ludhiana on 18-19 February 2010.
5. Agrawal N., Thakur S. & Chaudhary G.: **Mental Health Status of Rural Adolescent Girls**, paper presented in National Seminar on Mental Health and Current Scenario, Haridwar, 20-21 March, 2009.
6. Agrawal N., Chaudhary G. : **Empowerment of Rural Adolescent Girls: Success Stories**, poster presentation in 4th Uttarakhand State Science and Technology Congress, 10-12 November, 2009.
7. Agrawal N. & Chaudhary G.: **Assessment of Communication Skills Among Rural Adolescent Girls**, paper presented in 4th Uttarakhand State Science and Technology Congress, 10-12 November, 2009.
8. Agrawal N. & Ahuja A. : **Skill & Capacity Building among SHGs : Fulfillment of village training needs**. World Women Summit, New Delhi, March 2003.
9. Agrawal N. & Ahuja A. : **Early Marriage – Adolescent Motherhood : Issue of concern**, Proceedings of the International Women Conference, New Delhi, 27 Feb to March 3, 2000.
10. अग,वाल नीरा एवं आहुजा आभा : **ऑगनवाडी कार्यकर्ताओं के लिए शालापूर्व शिक्षण में ग्रामीण परिवेश से उपलब्ध साधनों का उपयोग**, उन्नत कृषि विस्तार निदेशालय, कृषि विस्तार भवन, पूसा,, नई दिल्ली, 2000
11. Agrawal N., Ahuja A.,Jukaria S. & Serwer S. : **Home Environment : Planned Village Observations**. Journal of Dairying, Foods & Home Science, Karnal, Haryana, 1998.
12. Agrawal N.,Ahuja A.,Dimri A.& Yadav M. :**Nutritional Status of Rural School Children and Adolescents: An Anthropometric Study**. Proceedings of the 84th session of the ISCA, Delhi, 1997.
13. Agrawal N. & Ahuja A. : **Provision of learning experiences in Rural pre schools through local and natural resources**. Presented in the Annual Conference of NAEYC 1997, Washington, U.S.A.

14. Agrawal N. & Ahuja A. : **Nutritional Assessments of Female Infants: observations on Longitudinal Study.** The Indian Journal of Nutrition and Dietetics, May, 1996, 33, 115.
15. Agrawal N. & Ahuja A.: **Awareness of Menarche among Rural Adolescent Girls.** Proceedings of the 83rd session of the ISCA, Patiala, Jan 3-8, 1996.
16. Agrawal N. , Ahuja A.& Awasthi P. : Status of Girl Literacy in Selected Villages of Nainital Districts : A Preliminary Survey. Journal of Indian Education, Nov. 1995.
17. Agrawal N. & Ahuja A.: **Utilization of literature on Use of Local Resources for Non formal Pre school Teaching by Anganwadi Worker: A follow-up.** Proceedings of the 82nd session of the ISCA, Calcutta, Jan 3-8, 1995.
18. Agrawal N. , Ahuja A.& Walia A. : Video Film Show : A model for Refresher Training at the Grassroots. Indian Educational Review, vol. 29, 1994.
19. Agrawal N. , Ahuja A.& Awasthi P. : Education of Girls : Implications for Future. Souvenir of the seminar on Status of the Girl Child, Hissar, Haryana, March 1-3, 1994.
20. Agrawal N. & Ahuja A.: **Ordinal Position Vs. Anthropometric Parameters: Observation on Semi longitudinal Study.** Proceedings of the 81st session of the ISCA, Jaipur, Jan.3-8, 1994.
21. Agrawal N. & Ahuja A.: **Infant Growth on Selected Anthropometric Parameters: A Longitudinal Study.** Proceedings of the 8th Annual meeting of American Home Economic Association, Orlando, Florida, U.S.A., June 23-29, 1991.

Other Publications :

Leaflets :

1. Child Care Practices
2. Police Station
3. Skin Care
4. Use Clean Water
5. Child Labor
6. आँगनवाडी में आयोजन हेतु मनोरंजक खेल
7. Breast feeding is best
8. Healthy Girl Healthy Mother and Healthy Child
9. Boys and Girls are equal
10. Vitamin Chart
11. महिलाओं एवं किशोरियों के विकास हेतु योजनाएं
12. महिलाओं को संरक्षा प्रदान करने वाले कानून

Booklets :

1. भालापूर शिक्षण हेतु दैनिक कार्यक्रम
2. Entrepreneurship Skills for Rural Girl Child
3. आँगनवाडी कार्यकर्ताओं के लिए शालापूर शिक्षण में ग्रामीण परिवेश से उपलब्ध साधनों का उपयोग

Trainings :

- Training on Administration of Bayley Scale of Infant Development at college of Rural Home Science, Dharwad, Karnataka, 16-21 November, 1998.
- Advance training course on Administration of Research Tools in Human Development, 21-24 Jan. 2002 at Pune.
- Attended training workshop on Visual Communication Skills on Human Reproductive Health, Udaipur, 8-10 December 2003.
- A TRAINING PROGRAMME ON PREPARATION OF TRAINING MODULE ON LIFE SKILLS EDUCATION FOR ADOLESCENT GIRLS AT CINI, KOLKATA, 9-13 NOVEMBER (2009).

Seminars, Conferences & Workshops attended:

- National conference of Indian Science Congress Association at Jaipur, from 3-8 January 1994.
- National conference of Indian Science Congress Association at Calcutta, from 3-8 January 1995.
- Attended unit meeting of AICRP (CD) unit at Dharwad, Karnataka, November 1998.
- Annual workshop of AICRP (Home Science) sponsored by ICAR at Hyderabad, November 1999.
- Annual workshop of AICRP (Home Science) sponsored by ICAR at Parbhani, Maharashtra, December 2002.
- Attended unit meeting of AICRP (CD) unit at Pune, January 2002
- Annual workshop of AICRP (Home Science) sponsored by ICAR at Palampur, Himachal Pradesh, November 2003.
- Annual workshop of AICRP (Home Science) sponsored by ICAR at Pantnagar from 10-11 January, 2006.
- National conference on 'Increasing Production & Productivity of Medicinal & Aromatic Plants through Traditional Practices' organized by Asian Agri. History Foundation and G.B.P.U.A. &T., Pantnagar from 18th-20th September 2008.
- Annual workshop of AICRP (Home Science) sponsored by ICAR at Hisar, Haryana, February 2009.
- Annual workshop of AICRP (Home Science) sponsored by ICAR at PAU, Ludhiana, February 2011.
- Attended unit meeting of AICRP (CD) unit at Bhubneshwar, June 2011.

Extension Activities :

- Duties in Kisan Mela
- Duties in Krishi Mahotsava
- Organized one day training on 'Bookkeeping' for the leaders & secretaries of 20 Self Help Groups facilitated by the Department in the College of Home Science on 26.2.2001.
- Organized one week training on 'Tie & Dye' for women Self Help Groups at Durgapur village in collaboration with NABARD Lucknow from 5-12 December 2000.
- Organized one day training on 'Bookkeeping' for women Self Help Groups in collaboration with NABARD Lucknow on 23rd June 2000.
- Directed 10 days follow-up entrepreneurship training on 'Machine Embroidery' for women of various SHGs funded by NABARD from 5-17 June 2000.
- Directed 40 days Rural entrepreneurship training on Stitching, Embroidery, Quilting and handicrafts for women of various SHGs funded by NABARD from 18th April -29th May 2000.
- Organized one day training for capacity building and group linkages on for women of Self Help Groups of Gadarpur block on 10th June 2002.
- Organized one day training for capacity building and group linkages on for women of Self Help Groups of Kichha block on 11th June 2002.

Radio Talks :

- Kharab Mausam Mein Khadhya Padarthon Ka Rakh Rakhav.
- Ma Ka Doodh- Bachche Ke Liye Kitna Labhkari.
- Bhartiya Naari Aur Hamari Sanskriti
- Naari Jeevan Ek Sangharsh
- Bachchon Mein Achche Sanskar Kaise Dalein .