

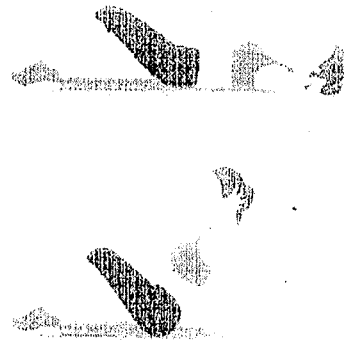
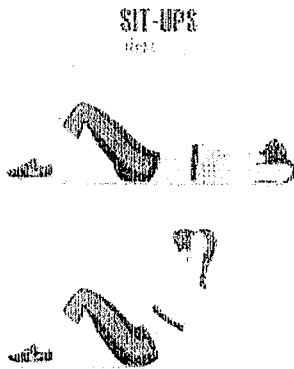
University Open Sit-ups (M&W) Championship-2020

PE/2595

Date: 05/01/2021

Notice

It is for the information of university students that physical education section is going to organize college wise Virtual/on line Sit-ups (M&W) Championship-2020. All the interested students are advised to send their videos by 23-01-2021.



Rules

- Editing / other app are not allowed.
- Maximum number of Sit-ups in 30 seconds will be recorded in numbers.
- Whoever will do the maximum number of Sit-ups in 30 seconds will be winner.
- Certificates will be given to players.
- Shoot the video from front view side.
- Male players Send your videos on whatsapp no.- 9412104455
- Female players Send your videos on whatsapp no.- 8630096377
- Mention your Name, I.D No., & College.
- Send the videos by 23-01-2021.

(Poonam Tyagi)
Incharge

Physical Education Section

CC:

1. All hostels (M& W)/Colleges notice boards.
2. All Staff Councillors for information please
3. All Associate Directors for information please
4. Officer Incharge. University website for information & n.a. please
5. Asstt Dean Students Welfare for information please.
6. Dean Students Welfare for kind information please.
7. PA to Vice-Chancellor for the kind information of the Vice-Chancellor.