



**Department of Foods & Nutrition**  
**G.B. Pant University of Agriculture & Technology**  
organizes

# **“International Webinar on Nutritional Considerations for Women using Life-cycle Approach”**

on the occasion of  
**National Nutrition Month 2021**

Sponsored by  
**National Commission For Women (NCW), GOI**

**MEETING PLATFORM**



**LIVE STREAMING**



**28<sup>th</sup> September 2021**

**FREE!!**

**REGISTRATION**



**YouTube** [www.youtube.com/channel/UCsjcdnXiGgaSaBzAfBj1b1Q](https://www.youtube.com/channel/UCsjcdnXiGgaSaBzAfBj1b1Q)

<https://forms.gle/gE4E3bnEEF3Un6rz5>



**Chief Patron**  
**Dr. Tej Partap**  
Vice Chancellor  
GBPUAT, Pantnagar



**Patron**  
**Dr. A.S. Nain**  
Director Research  
GBPUAT, Pantnagar



**Coordinator**  
**Dr. Alka Goel**  
Dean, College of Home Science  
GBPUAT, Pantnagar



**Chair Person**  
**Mr. Ashutosh Pande**  
Senior Research Officer, NCW,  
GOI, New Delhi



**Director**  
**Dr. Sarita Srivastava,**  
HOD , Dept. of Foods &  
Nutrition  
GBPUAT, Pantnagar



**Convenor**  
**Dr. Archana Kushwaha**  
Dept. of Foods & Nutrition,  
GBPUAT, Pantnagar



## About National Commission for Women (NCW)

The National Commission for Women (NCW) is the statutory body of the Government of India. It was established on 31 January 1992 under the provisions of the Indian Constitution. The objective of the NCW is to represent the rights of women in India and to provide a voice for their issues and concerns. The subjects of their campaigns have included dowry, politics, religion, equal representation for women in jobs, the exploitation of women for labour and also discussed police abuses against women.

## About the Webinar

Women account for 48.04 percent of India's total population, with a quarter of women of reproductive age in India suffering from malnutrition, with a body mass index (BMI) of less than 18.5 kg/m<sup>2</sup> (NFHS-4, 2015-16). It is well known that a malnourished mother inevitably gives birth to an undernourished baby, perpetuating an intergenerational cycle of malnutrition. The implications of direct nutrition interventions on women's nutrition status, child-birth outcome and stunting rates in children are indisputable today. Healthy diet and access to health services are crucial for addressing multiple micronutrient deficiencies that bring on poor health and diseases. So, this webinar will focus on the nutritional considerations for women throughout their life cycle and also throwing recommendations for better implementation of the existing policies and programmes relating to nutritional needs of women.

## Agenda for the Webinar

9:30 am-9:40 am	Welcome address by Dr. Neetu Dobhal, GBPUAT, Pantnagar
9:40 am-9:50 am	Inaugural Address by Vice –Chancellor, GBPUAT, Pantnagar
9.50 am -10.00 am	Remarks by Dr. A.S. Nain, Director Research, GBPUAT, Pantnagar
10.00 am -10.10 am	Introductory remarks by Mr. Ashutosh Pande, NCW
10:10 am -10:50 am	Nutritional considerations during pregnancy and lactation
10:50 am-11:30 am	Early life nutrition and malnutrition management
11:30 am-12:10 pm	Nutritional and lifestyle strategies for promoting well-being of school children and adolescents
12:10 pm -12:50 pm	Routine practices for maintaining health and stress management
12:50 pm-1:30 pm	Geriatric nutrition
1.30 pm-1.40 pm	Vote of thanks by Dr. Archana Kushwaha, GBPUAT, Pantnagar

## Speakers for the Webinar



**Dr. Sarita Srivastava**  
Professor & HOD



**Dr. Rita S. Raghuvanshi**  
Professor



**Dr. Pratima Awasthi**  
Professor



**Dr. Anuradha Dutta**  
Professor



**Dr. Archana Kushwaha**  
Professor

Department of Foods & Nutrition,  
GBPUAT, Pantnagar

## Organizing Committee

- Dr. Alka Goel, Coordinator
- Dr. Sarita Srivastava, Director
- Dr. Archana Kushwaha, Convener
- Dr. Neetu Dobhal, Co-Convener

## Organizing Secretary (Students)

- Ms. Bhumika Kabdal, Ph.D. Scholar
- Ms. Ayushi Joshi, Ph.D. Scholar
- Ms. Krati Goel, Ph.D. Scholar

## Co-opted Members of Organizing Committee

- Ms. Ekta Belwal, Ph.D. Scholar
- Ms. Anugya Bharti, Ph.D. Scholar
- Ms. Himani Joshi, Ph.D. Scholar
- Ms. Meenal Rai, Ph.D. Scholar
- Ms. Diksha Singh, Ph.D. Scholar
- Ms. Shikha Singh, Ph.D. Scholar
- Ms. Ranjana Acharya, Ph.D. Scholar
- Ms. Inumala Chandani, M.Sc. Student
- Mr. Deepak Joshi, M.Sc. Student

### Instruction to Join The Webinar

- Register for the webinar through the provided link.
- The meeting link for joining webinar will be provided via WhatsApp group/ E-mail on your registered account.

**Last Date  
for Registration-  
26<sup>th</sup> September, 2021**

**For Queries Contact  
8449046668**

**E-certificates will be provided to all the registered participants after receiving the duly filled feedback form.**